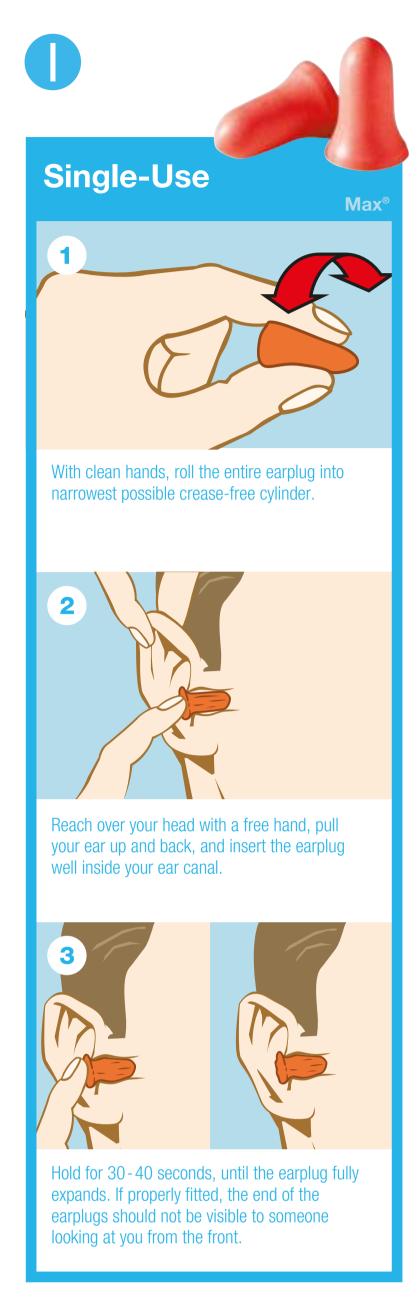
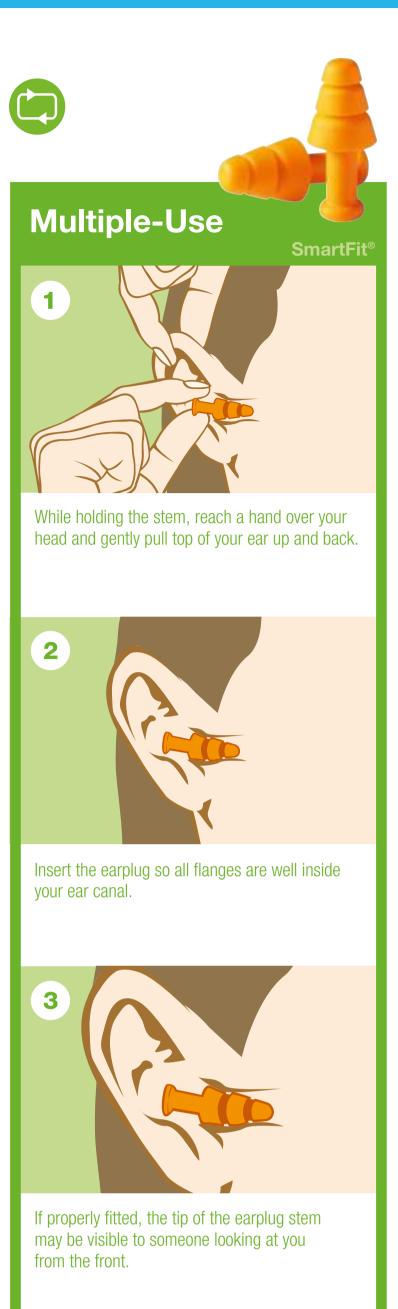
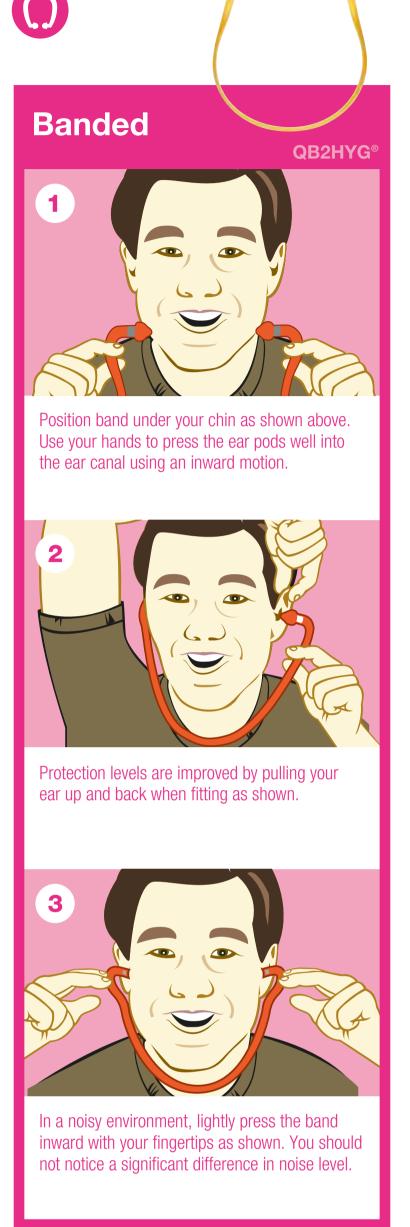
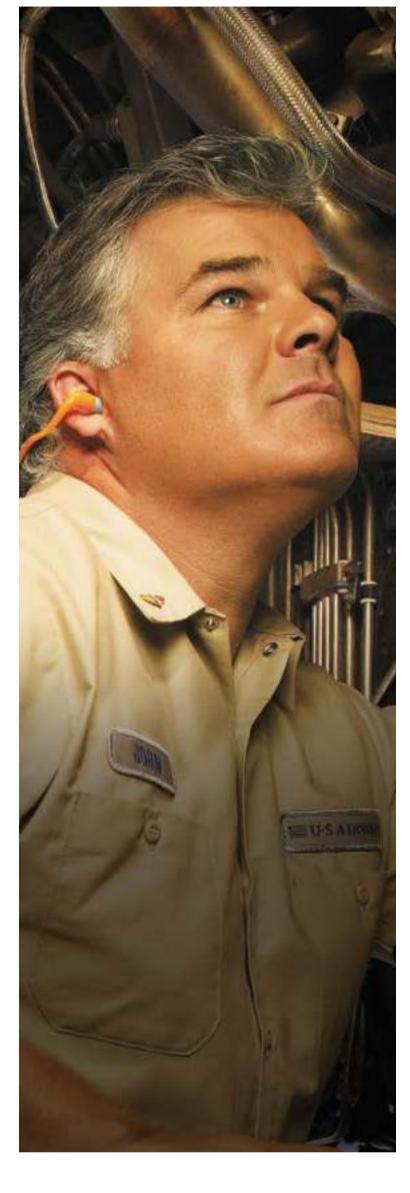
### Earplug Fitting Instructions











# Get the most out of your earplugs



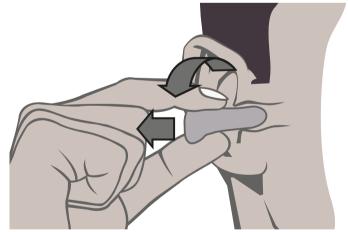
#### **Acoustical Check**

In a noisy environment, with earplugs inserted, cup your hands over your ears and release. Earplugs should block enough noise so that covering your ears with your hands should not result in a significant noise difference.



#### Proper Fit

If either or both earplugs do not seem to be fitted properly, remove the earplug and re-insert.



#### Removal

Gently twist earplug while slowly pulling in an outward motion for removal.

## **Keys to Successful Hearing Protection with Earplugs**

#### Wear

Read and follow all earplug fitting instructions.

#### Selection

Avoid overprotection in minimal noise environments — in selecting the best earplug for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job.

#### Maintenance

Inspect earplugs prior to wear for dirt, damage or hardness — discard immediately if compromised.

#### Hygiene

For proper hygiene, discard Single-Use earplugs after use.

#### Storage

With proper maintenance, Multiple-Use earplugs can last for 2-4 weeks; clean with mild soap/water and store in a case when not in use.

#### Clean & replace

Clean and replace pods on Banded earplugs regularly.

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